

K3 Pro-Action™ Foot

Success In Every Step



The Pro-Action™ Foot's split carbon keel & adjustable multi-axis ankle provide the smooth, dynamic energy return demanded by moderately active K3 patients.

- ✓ 3 Keel Stiffness Options: A, B, or C
- ✓ 3 Resistance Settings for Dorsi and Plantar Flexion
- ✓ Ultra-Lite (394g to 429g)

SPECS	Pro-Action	Pro-Action HW
Weight Limit	220lb (100kg)	300lb (136kg)
Weight	13.9oz (394g)	15.2oz (429g)
Sizes	22cm - 28cm R / L	22cm - 28cm R / L
Build Height	3 ¹ / ₈ in (7.7cm)	3 ¹ / ₈ in (7.7cm)
Heel Height	3 ³ / ₈ in (10mm)	3 ³ / ₈ in (10mm)

Suggested L-Codes*

L5981 L5986

Adjustable Multi-Axis Ankle



K3 Pro-Action

2 Foot Shell Color Options



Caucasian



Light Black

ANKLE ADJUSTMENTS



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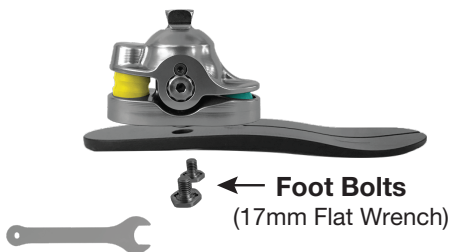
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Adjusting Plantar & Dorsi-Flexion of Your K3 Pro-Action™ Foot w/ Multi-Axis Ankle



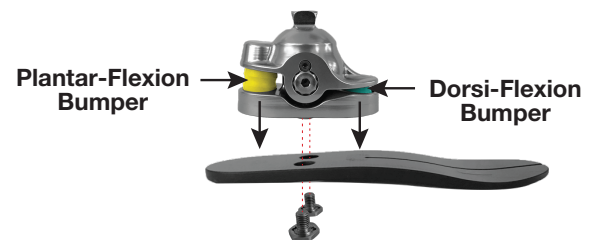
NOTE: Foot comes preassembled. Medium Loctite was applied to the Foot Nut. The Foot Nut was then properly torqued to 9ft/lbs (12.2 Nm). Should you wish to replace the bumpers, it is suggested that you heat up the Foot Nut to allow for its removal. Re-assembly requires medium Loctite and proper torque.

1.



Remove the Foot Bolt from the multi-axis ankle
DO NOT USE VISE GRIPS.

2.



Replace Bumpers

3 Different Bumper Durometers:

Green = Soft Yellow = Medium Red = Hard

4.



Reattach Ankle to Keel, Apply medium Loctite to bolt threads.
Be sure to **Torque Foot Bolts to 9 ft/lb (12.2 Nm)**



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Pro-Action Foot Patient Scoring Tool


Choosing Your Keel's Dynamic Response Category: A, B, or C



The K3 Pro-Action™ Foot's keel comes in 3 categories of dynamic response: A, B, or C.

Find the category that best suites your patient's attributes using the Patient Scoring Tool below

1. Circle Your Patient's Attributes: (Pick 1 Each For A, B, C & D)

 = Example

A.	Activity	Pick one →	Low _____ Medium _____ High _____	1 <input checked="" type="radio"/> 2 3
B.	Patient Weight	Pick one →	0 - 100lb (0-45kg) _____ 100 - 150lb (45-68kg) _____ 150 - 200lb (68-90kg) _____ 200 - 250lb (90-113kg) _____ 250 - 300lb (113-136kg) _____	0 <input checked="" type="radio"/> 1 2 3 4
C.	Limb Length	Pick one →	0 - 4in (0-10cm) _____ 4 - 6in (10-15cm) _____ 6 - 8in (15-20cm) _____ 8 - 11in (20-27cm) _____ 11in + (27+cm) _____	0 1 2 <input checked="" type="radio"/> 3 4
D.	Muscle Strength	Pick one →	Normal _____ Strong _____ Powerful _____	1 <input checked="" type="radio"/> 2 3

2. Add Scores From A, B, C & D To Determine Keel Category.

In the example above $2 + 1 + 3 + 2 = 8$. This total score is in the range 8 - 12 therefore dynamic response category B best suites this patient example.

TOTAL SCORE	Pick one →	2 - 7 _____ 8 - 12 _____ 13 - 14 _____	A <input checked="" type="radio"/> B C
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